

ENDODONTICS, P.C.
Telephone: 515-224-4455

Information Concerning Your Treatment

Today we have performed an **Apical (root end) Surgery** on the affected tooth. We generally use sutures that dissolve on their own, but if not, we will schedule a short appointment in three to seven days to remove them.

Apply a cold pack with pressure to the treated area for twenty minutes on, then ten minutes off (for a minimum of two hours) during the day of surgery. After the first day, **rinsing the area with warm salt water** every two to three hours will aid in healing the area. (1 tsp. salt in 8 oz. warm water.) **Please do not use a heating pad on the outside of your face.** This could cause swelling in the area. Remember warm on the inside, cold on the outside.

Over-the-counter medications, such as Tylenol, Advil, Aleve, or Motrin should take care of any discomfort.

While eating, please try to keep food away from the surgical area. Avoid brushing the sutured area; a Q-tip may be helpful in keeping that area clean.

If there is any seepage in the area, apply pressure with a sterile gauze or moist tea bag to help stop bleeding. Please call our office if there is continual bleeding or if you have any questions.

We will send you a postcard in six to eight months to take a follow-up x-ray of the area to make sure the bone tissue is healing well. This is a courtesy visit with no additional charge.

ATTENTION: Women using **PILL CONTRACEPTION:** Taking antibiotics may decrease the effectiveness or reliability of pill contraception. Therefore you should use other preventative measures at least one cycle beyond your current cycle.

ENDODONTICS, P.C.
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Dr. Lilly's Home No. 253-0272
Dr. Matt's Cell No. 822-8476

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Dr. Erickson's Cell No. 669-3636
Dr. Becker's Cell No. 664-1361
Dr. Meder's Cell No. 724-2581