

Information Concerning Your Treatment

() Today you received **Root Canal Therapy**. This was done to repair your damaged and infected tooth. Over-the-counter anti-inflammatory medications, such as aspirin, Advil, Aleve, or Motrin should alleviate any discomfort. Tylenol may be used if you experience stomach discomfort with anti-inflammatories. Be careful not to chew hard foods in the area treated. The area may remain tender for several days, and occasionally for a few weeks. The anesthetic may not wear off for a few hours. Be VERY careful during this time because you can easily bite your cheeks, tongue, or lips.

() **Rinsing the area with warm salt water** every two to three hours will aid in healing the area treated and ease the discomfort you may experience in the injection site (1 tsp. salt in 8 oz. warm water.) **Please do not use a heating pad on the outside of your face.** This could cause swelling in the area. Remember warm on the inside, cold on the outside.

If you experience pain that is not controlled by over-the-counter medication, or swelling, please call our office at (515)224-4455 or the doctor's after hours number listed on the appointment slip you were given as you left our office. Please feel free to use any of the after hours' numbers for any of our doctors.

() We need to schedule another appointment for you in a few weeks to complete your root canal treatment. It is important that you keep this fill appointment. Until the fill appointment, avoid sticky foods such as caramels or biting crunchy foods to protect the interim filling we have placed in your tooth. This initial Root Canal Therapy will not continue to prevent infection unless the canal(s) is/are properly filled.

() We have placed a temporary filling in the crown of your tooth. You will need to return to your general dentist for the permanent restoration of this tooth. We recommend waiting two to four weeks for placement of the permanent restoration. If you experience loss of the temporary filling, please call our office or your general dentist. We suggest you call your general dentist soon to make your restorative appointment. Be careful not to bite very hard on the treated tooth; avoid sticky, hard, and crunchy foods until it is restored by your general dentist typically with a crown. If your filling happens to fall out, call our office.

() We have placed a permanent filling in your tooth.

() We will send you a postcard in one year to take a follow-up x-ray of the area to make sure the bone tissue is healing well. This is a courtesy visit with no additional charge.

ATTENTION: Women using PILL CONTRACEPTION: Taking antibiotics may decrease the effectiveness/reliability of pill contraception. Therefore you should use other preventative measures at least one cycle beyond your current cycle.

ENDODONTICS, P.C.

Dr. Krell's Home No. 223-4380

Dr. Lilly's Home No. 253-0272

Dr. Matt's Cell No. 822-8476

515-224-4455

Dr. Erickson's Cell No. 669-3636

Dr. Becker's Cell No. 664-1361

Dr. Meder's Cell No. 724-2581